

A soft-focus, golden-hour photograph of Paris. The Eiffel Tower is illuminated and stands in the center background. In the foreground, there are ornate street lamps with glowing globes and a statue of a seated woman on the left. The overall mood is romantic and elegant.

EVERYDAY PARISIAN

Paris Packing List

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Bonjour! I'm Rebecca Plotnick, the founder and creator of Every Day Parisian. I have been photographing the city of Paris for over 10 years. I travel between my home in Chicago to Paris with just a carry on and my camera.

Since then I've learned a lot during my travels - one key lesson I've learned is that preparation is key, and I hope to pass some of these tips on to you! That's why I've created this guide to help you plan for all seasons in the city I love most.

This list is filled with items that I love and that have made travel smoother but keep in mind, there's still room for you to add your own packing list

as you see fit! I'd love to hear more about your travels and how this list helped you - feel free to drop a line!

Bon Voyage,
Rebecca



Winter

Important documents:

- Passport/ copy of passport (pic on phone for printed backup)
- Credit Card
- Travel insurance: I use [World Nomads](#)
- Mobile Pass App - streamlines customs process

To do:

- Call your phone provider to activate international capabilities as needed and to let them know the dates traveling
- Call credit card companies and let them know dates of travel/destinations so your card isn't flagged
- Check-in with the US Embassy to let them know your dates of travel in case of emergency
- Suitcase I use the [AWAY larger carry on](#). I have also heard great things about this [Parvel suitcase](#) and [Packing Cubes](#).

Tech

- Chargers
- [Extra battery pack for phone](#)
- [Earbuds](#)
- [Converters](#)
- Camera
- Laptop
- iPad
- [SD Card](#)
- [External Hard drive](#) (if needed)
- [Tech pack](#)

Undergarments

- Bras
- Underwear
- Slips
- Socks
- [Tights](#) (the French love some fun patterns/textures)

Tops

- [Day Long Sleeve](#)
- Dinner (dressy) long sleeve blouse
- Layering pieces
- [Camisoles](#)
- [Sweaters/Cardigans](#)

Bottoms

- Skirts
- Dresses
- Pants
- Jeans

Outerwear

- [Wool coat](#)
- [Umbrella](#)

Sleep Essentials:

- [Lake Pajamas](#)
- [Sleep Mask](#)
- [Melatonin](#)

Toiletries

- [Dopp Kit](#)
- Nail clippers
- Hair ties
- Toothbrush/Toothpaste
- Medicine
- Vitamins
- Feminine Products
- Skincare Toner/Lotion
- Makeup
- Shampoo/Conditioner
- Face Wash
- Makeup remover
- Deodorant
- Hairbrush
- Band-aids
- Tweezers

Shoes

- Waterproof shoes
- [Boots](#)
- [Comfortable walking flats/sneakers](#)
- Heels (the cobblestones are tricky so you may not wear them unless taxi from place to place)

Accessories

- [Hat](#)
- [Sunglasses](#)
- [Umbrella](#)
- [Sunscreen](#)
- Jewelry
- [Jewelry case for storage](#)
- A day bag/[I love this tote bag for around Paris](#)
- This is a much smaller [option as a crossbody](#)
- [Camera bag](#)
- [Scarf](#)
- [Gloves](#)

Miscellaneous

- Snacks
- Plastic zip lock bags

Spring

Important documents:

- Passport/ copy of passport (pic on phone for printed backup)
- Credit Card
- Travel insurance: I use [World Nomads](#)
- Mobile Pass App - streamlines customs process

To do:

- Call your phone provider to activate international capabilities as needed and to let them know the dates traveling
- Call credit card companies and let them know dates of travel/destinations so your card isn't flagged
- Check-in with the US Embassy to let them know your dates of travel in case of emergency
- Suitcase I use the [AWAY larger carry on](#). I have also heard great things about this [Parvel suitcase](#) and [Packing Cubes](#).

Tech

- Chargers
- [Extra battery pack for phone](#)
- [Earbuds](#)
- [Converters](#)
- Camera
- Laptop
- iPad
- [SD Card](#)
- [External Hard drive](#) (if needed)
- [Tech pack](#)

Undergarments

- Bras
- Underwear
- Socks

Tops

- [T-shirts](#)
- Layering pieces
- [Camisoles](#)
- [Long Sleeve Shirts](#)
- [Dressy tops](#)
- [Light sweater/cardigan](#)

Bottoms

- Skirts
- Dresses
- Pants
- Jeans

Outerwear

- [Trench Coat](#)
- [Leather Coat](#)
- [Light waterproof jacket](#)
- [Umbrella](#)

Sleep Essentials:

- [Lake Pajamas](#)
- [Sleep Mask](#)
- [Melatonin](#)

Toiletries

- [Dopp Kit](#)
- Nail clippers
- Hair ties
- Toothbrush/Toothpaste
- Medicine
- Vitamins
- Feminine Products
- Skincare Toner/Lotion
- Makeup
- Shampoo/Conditioner
- Face Wash
- Makeup remover
- Deodorant
- Hairbrush
- Band-aids
- Tweezers

Shoes

- [Sneakers](#)
- [Flats/Ballet slipper](#)
- Heels (optional) It isn't the easiest to walk in heels on the cobblestones

Accessories

- Hat
- [Umbrella](#)
- [Scarf](#)
- [Sunglasses](#)
- [Sunscreen](#)
- Jewelry
- [Jewelry case for storage](#)
- A day bag/[I love this tote bag for around Paris](#)
- This is a much [smaller crossbody option](#)
- [Camera bag](#)

Miscellaneous

- Snacks
- Plastic zip lock bags

Summer

Important documents:

- Passport/ copy of passport (pic on phone for printed backup)
- Credit Card
- Travel insurance: I use [World Nomads](#)
- Mobile Pass App - streamlines customs process

To do:

- Call your phone provider to activate international capabilities as needed and to let them know the dates traveling
- Call credit card companies and let them know dates of travel/destinations so your card isn't flagged
- Check-in with the US Embassy to let them know your dates of travel in case of emergency
- Suitcase I use the [AWAY larger carry on](#). I have also heard great things about this [Parvel suitcase](#) and [Packing Cubes](#).

Tech

- Chargers
- [Extra battery pack for phone](#)
- [Earbuds](#)
- [Converters](#)
- Camera
- Laptop
- iPad
- [SD Card](#)
- [External Hard drive](#) (if needed)
- [Tech pack](#)

Undergarments

- Bras
- Underwear
- Socks
- [Bathing suit](#)

Tops

- Tanks
- [T-Shirts](#)
- [Blouses](#)
- [Camisoles](#)

Bottoms

- Skirts
- Shorts
- Dresses

Outerwear

- [Umbrella](#)
- [Denim Jacket](#)
- [Raincoat](#)

Sleep Essentials:

- [Lake Pajamas](#)
- [Sleep Mask](#)
- [Melatonin](#)

Toiletries

- [Dopp Kit](#)
- Nail clippers
- Hair ties
- Toothbrush/Toothpaste
- Medicine
- Vitamins
- Feminine Products
- Skincare Toner/Lotion
- Makeup
- Shampoo/Conditioner
- Face Wash
- Makeup remover
- Deodorant
- Hairbrush
- Band-aids
- Tweezers

Shoes

- [Sandals](#)
- [Comfortable walking shoes](#)
- [Flats](#)
- Waterproof walking shoes

Accessories

- [Hat](#)
- [Sunglasses](#)
- [Sunscreen](#)
- Jewelry
- [Jewelry case for storage](#)
- A day bag/[I love this tote bag for around Paris](#)
- This is a much [smaller option as a crossbody](#)
- [Camera Bag](#)

Miscellaneous

- Snacks
- Plastic zip lock bags

Autumn

Important documents:

- Passport/ copy of passport (pic on phone for printed backup)
- Credit Card
- Travel insurance: I use [World Nomads](#)
- Mobile Pass App - streamlines customs process

To do:

- Call your phone provider to activate international capabilities as needed and to let them know the dates traveling
- Call credit card companies and let them know dates of travel/destinations so your card isn't flagged
- Check-in with the US Embassy to let them know your dates of travel in case of emergency

- Suitcase I use the [AWAY larger carry on](#). I have also heard great things about this [Parvel suitcase](#) and [Packing Cubes](#).

Tech

- Chargers
- [Extra battery pack for phone](#)
- [Earbuds](#)
- [Converters](#)
- Camera
- Laptop
- iPad
- [SD Card](#)
- [External Hard drive](#) (if needed)
- [Tech pack](#)

Undergarments

- Bras
- Underwear
- Socks

Tops

- [Camisole](#)
- [Layering t-shirts](#)/long sleeve
- Long sleeve casual
- [Long sleeve blouse dressy](#)
- [Short sleeve blouse dressy](#)

Bottoms

- Skirts
- Jeans
- Dresses

Outerwear

- [Umbrella](#)
- [Trench Coat](#)
- [Wool Coat](#)
- [Leather Jacket](#)

Sleep Essentials:

- [Lake Pajamas](#)
- [Sleep Mask](#)
- [Melatonin](#)

Toiletries

- [Dopp Kit](#)
- Nail clippers
- Hair ties
- Toothbrush/Toothpaste
- Medicine
- Vitamins
- Feminine Products
- Skincare Toner/Lotion
- Makeup
- Shampoo/Conditioner
- Face Wash
- Makeup remover
- Deodorant
- Hairbrush
- Band-aids
- Tweezers

Shoes

- [Comfortable boots](#)
- [Waterproof shoes](#)
- [Sneakers](#)

Accessories

- [Hat](#)
- [Sunglasses](#)
- [Sunscreen](#)
- Jewelry
- [Jewelry case for storage](#)
- A day bag/[I love this tote bag for around Paris](#)
- This is a much [smaller option as a crossbody](#)
- [Camera Bag](#)
- [Scarf](#)
- [Gloves](#)

Miscellaneous

- Snacks
- Plastic zip lock bags